

TENSTA DANSAR

Nisarga-the natural state

The peacefulness on the 19th floor with the continuous sound of the city, above everything else, expanding and contracting, like the tree growing slowly inch by inch the movement begin.

Koreografi: Petra Howard

Dansare: Usha Balasundaram

Musik: Raga Malkauns -Alap/ Hariprasad Chaurasia

Scenografi: Hanna Hjälte, Maja Hjälte

Söndag 18/9 kl 14:00 på Tensta Konsthall





Kärlekssagan om Savitri & Satyavan

Prinsessan Savitri älskar de vilda djuren och naturen "En dag när Savitri går in i skogen så möter hon den vackraste pojke hon någonsin sett, Satyavan. Men Satyavan har blivit fördriven från sitt kungarike och lever i skogen tillsammans med sina föräldrar. Savitri blir kär och bestämmer sig för att med all sin kärlek, tillit och envishet kämpa för deras kärlek, till och med mot döden Yama"

Efter sagan får barnen pröva på Bollywood- dans och göra indiska handrörelser som föreställer olika djur som sköldpaddan, påfågeln eller tiger...

Bharatanatyam är en uttrycksfull och berättande Indisk dansform som här återges i samspel med en muntlig berättare på svenska.

Koreografi & dans: Usha Balasundaram

Berättare: Marina Granlund

Tisdag 20/9 kl 09:00 & 10:30 samt onsdag 21/9 kl 17.00 på Blå Huset, Tenstaplan 8



TENSTA DANSAR

Var är Tiger Tiger? -en danssaga för 3-5 år

Ellie Elskling var en alldeles vanlig men också ovanlig orangutang. Ovanligt snäll och modig. En dag ska Ellie Elskling leka med sin vän Tiger Tiger i djungeln, men Tiger Tiger är borta!

Koreografi : Petra Howard & Usha Balasundaram

Dans: Usha Balasundaram & Lena Yngvesson

Berättelse: Petra Howard

Måndag 12/9 kl 09:00 & 10:30 på Blå Huset, Tenstaplan 8



11th Annual Day

Saraswathy Kalakendra and Rasa dance Association

Celebrated the 11th Annual day on 7th May, 2016.

More than 100 students of Usha balasundaram performed in this festival.



Bha-ra-ta

A pure Indian classical dance recital on 15th October at Teater de vill, Kungsholmen at kl 18.00.



Bollywood Opera i Botkyrka

Rossini's comic opera *The Italian Girl in Algiers* has been transformed into a stunning Bollywood-show with singing and dancing.

Performances on 25th, 27th and 29th May



Dans Och Cirkus Högskolan (DOCH)- Workshop

Usha Balasundam conducted a Indian classical dance workshop at the Dans och Cirkus Högskolan (DOCH) on 14th November 2016



Performance at European Parliament – Diwali Celebration by Hindu Forum Europe

Hindu Forum Europe

Celebrated diwali in the European Parliament house
On 9th Of Nov.

Usha and Srinidhi gave a Indian Classical dance
(Bharatanatyam) performance during this event.



Huddinge Indian Festival 2016

16th October, 2016

For the third consecutive year Rasa Dance Association organised the Huddinge Indian festival, where artists from All over sweden and Europe are invited to perform a promote Indian culture.



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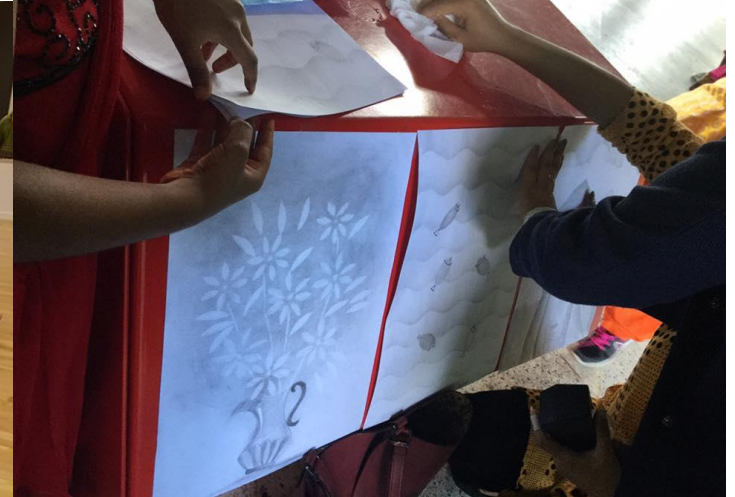
Kulturskolan

Usha Balasundaram teaches Indian Classical Dance and Bollywood dance in Stockholm and Botkyrka Kulturskolan



Kriya- a creative Summer Workshop

A 2 day summer workshop on July 16th and 17th where the kids learnt dance, yoga, drawing, pencil sketching and shading, make up and mehandi. And many more fun activities that showcase Indian arts.



Stockholm Sangeet Conference 2016

16th October at Musikaliska



Michelle Job Photography

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A Journey to India @ Musikaliska

Usha Balasundaram and students from Stockholm Kulturskolan and Saraswathy Kalakendra along with Sri Sukhwinder Singh from India on Tabla and Mr. Mathew Barley on cello on 24th May at musikaliska .



BharatVikings - Award

On 6th September, BharatVikings Honoured Usha on her contributions towards promotion of Indian culture. The other dignitaries who received the award were Smt. Banashree Bose Harrison and Smt Nandita Sigh.



Salangai Pooja

Every year on Vijayadasami day, Saraswathy Kalakendra performs a special pooja to Lord nataraja and students who recently started learning perform a salangai pooja and get their Salangai(anklets).



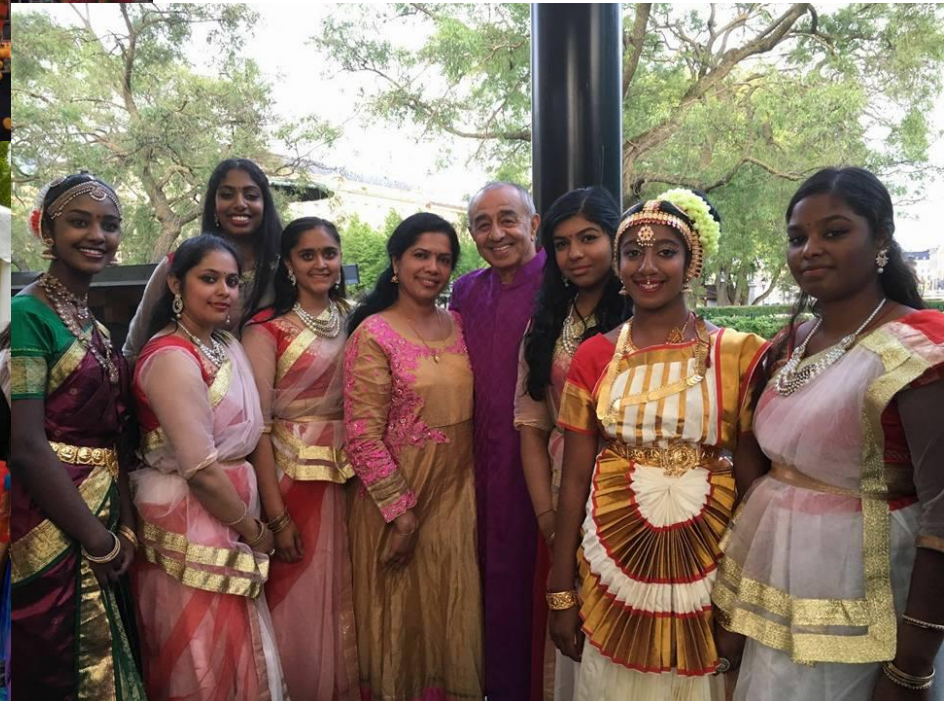
Norway – Exchange Trip

Usha Balasundaram went on a Trip to Norway to exchange dance and learn innovative teaching methods.



Namaste Stockholm

May 21st at Kungstradgarden.



HMQE 90th Bday

Students of Usha Balasundaram performed at the Birthday Celebrations of Her Majesty Queen Elizabeth arranged at the British embassy in Stockholm.

